

# MESSAGE NOTES

June 8, 2008

## “BLUEPRINTS FOR LIFE: The Kitchen: Get Ready for Solid Food!”

Why is it weird to have a "diet" of milk when we are older?

What is the purpose of a kitchen?

READ Hebrews 5:11-14

1.

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What are some of the benefits of milk for infants?

Why does God want us to "crave pure spiritual milk?"

- *1 Peter 2:2-3 (NIV) <sup>2</sup> Like newborn babies, crave pure spiritual milk, so that by it you may grow up in your salvation, <sup>3</sup> now that you have tasted that the Lord is good.*

What are some of the "elementary teachings about Christ"?

- *Hebrews 6:1-3 (NIV) Therefore let us leave the elementary teachings about Christ and go on to maturity, not laying again the foundation of repentance from acts that lead to death, and of faith in God, <sup>2</sup> instruction about baptisms, the laying on of hands, the resurrection of the dead, and eternal judgment. <sup>3</sup> And God permitting, we will do so.*

How does our sinful nature prevent us from "growing up?"

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

- *1 Corinthians 3:1-2 (NIV) 1 Brothers, I could not address you as spiritual but as worldly—mere infants in Christ. 2 I gave you milk, not solid food, for you were not yet ready for it. Indeed, you are still not ready.*

2. \_\_\_\_\_

Why does God want us to grow up to solid food?

1. \_\_\_\_\_

What are some of the blessings we will experience?

2. \_\_\_\_\_

What are some of the blessings we will bring to others as we grow up?

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Challenge:

1. Spend time reaffirming the glorious truths of the "milk."
2. Move on to the solid food of God's Word!